

"IN THE MIDDLE OF DIFFICULTY
LIES OPPORTUNITY"

ALBERT EINSTEIN

## MONMOUTHSHIRE MEDIATION PRACTICE



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# MONMOUTHSHIRE MEDIATION PRACTICE

SOLUTION FOCUSED
DISPUTE RESOLUTION



WWW.MONMEDIATION.CO.UK

#### ABOUT US

Monmouthshire Mediation Practice is a local practice committed to providing a professional dispute resolution service accessible to businesses and individuals.

We specialise in Civil and Commercial mediation.

Our mediators are both qualified solicitors with considerable litigation and ADR experience.

Alyson Houghton and Elizabeth Ashford are accredited by ADR Group, one of the UK's leading mediation organisations. They are also members of the Civil Mediation Council.

We believe that mediation represents a real opportunity to change for the better the way in which disputes are resolved.

We are based in Monmouth where we have office premises suitable for multi-party mediation.

Alternatively, our mediators can travel to you.

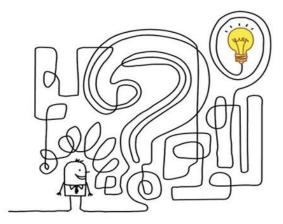
If you would like to find out whether your dispute is suitable for mediation, please ring us on 01600 716911

There is no charge for this initial discussion.

For further information, please see our website:

WWW.MONMEDIATION.CO.UK





### HOW DOES MEDIATION WORK?

You can start a mediation at any stage in a dispute, whether court proceedings have started or not.

Both parties have to agree to go to mediation. The costs are fixed and shared equally.

A mediator is appointed by the parties to the dispute who will contact them to arrange a convenient date and venue for the mediation.

On the day, the process starts with an initial joint session where ground rules for the mediation are set and both parties present their view of the dispute.

The parties then adjourn to separate rooms.

The mediator works with each party individually to focus on areas of common ground and assist in reaching agreement. Discussions with each party remain confidential and information is only disclosed to the other party with express permission.

Once agreement is reached a further joint session is convened. The agreement is put into writing and once signed by the parties it is enforceable through the courts.

### HOW CAN MEDIATION HELP?

Not all disputes are suitable for mediation.
Establishing a point of law or dealing with complex evidence will require a court hearing.
But the majority of disputes can be resolved through medation. The settlement rate is over 80% for mediated cases.

#### Mediation is:

Actively encouraged by the courts: costs penalties may be incurred when it is not considered.

Time and cost effective: disputes can usually be mediated in a day or less.

**Solution focused**: time is spent constructively finding a mutually acceptable solution, not going over old ground.

Forward looking: parties can preserve ongoing relationships - each side has equal opportunity to contribute to terms of settlement.

Flexible and creative: terms of settlement are within the hands of the parties, unlike an order imposed by the court.

Confidential: until agreement is reached, the process is "without prejudice" - nothing disclosed in the mediation can be referred to in ongoing proceedings.

